

# NECK and BODY CONTOURING and REJUVENATION COURSE

September 7 & 8, 2013 – Los Angeles, CA

DRAFT 8.16.13

## AGENDA

**Co-directors: Kimberly J. Butterwick, MD and Ronald L. Moy, MD**

As a sponsor accredited by the ACCME, ASDS must ensure balance, independence, objectivity, and scientific rigor in all its educational activities. ASDS is committed to providing dermatologic surgeon learners with fair and balanced continuing medical education.

The purpose of this course is to familiarize participants with the latest advances in therapies for cosmetic rejuvenation of the neck and body and the appropriate techniques for their use in patient care.

### Course Learning Objectives:

Upon completion of this course, participants should be able to:

- Describe new techniques for advances in cosmetic rejuvenation of the neck and body
- Identify skin tightening and resurfacing techniques of the neck and body
- Demonstrate non-invasive fat removal
- Evaluate treatments for cellulite

### ACGME/ABMS Desirable Physician Attributes / Competencies:

The ASDS acknowledges the need for CME content to be designed within the context of desirable physician attributes as expressed by the ACGME/ABMS Core Competencies and the Dermatology Residency Committee. Aligned with Criterion # 6 of the Accreditation Council for Continuing Medical Education's Provider Requirements for CME, the ASDS has developed the content of this educational activity to address the ACGME/ABMS Core Competencies according to the following list:



#### Patient Care

*That is compassionate, appropriate and effective for the treatment of health problems and the promotion of health.*



#### Practice-based Learning and Improvement

*That involves investigation and evaluation of their own patient care, appraisal and assimilation of scientific evidence and improvement in patient care.*



#### Medical Knowledge

*About established and evolving biomedical, clinical and cognate (e.g. epidemiological and social behavior) sciences and the application of this knowledge to patient care.*



#### Interpersonal & Communication Skills

*That result in effective information exchange and teaming with patients, their families and other health professionals.*



#### Professionalism

*As manifested through a commitment to carry out professional responsibilities, adherence to ethical principles and sensitivity to a diverse patient population.*



#### Systems-based Practice

*As manifested by actions that demonstrate an awareness of and responsiveness to the larger context and system for health care and the ability to effectively call on system resources to provide care that is optimal value.*

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## Course Faculty and Disclosures:

The American Society for Dermatologic Surgery controls the content and production of this live CME activity and attempts to ensure the presentation of balanced, objective information. In accordance with the Standards for Commercial Support established by the Accreditation Council for Continuing Medical Education (ACCME), faculty, abstract reviewers, paper presenters/authors, planning committee members, staff and any others involved in planning the educational content and the significant others of those mentioned must any relationship they or their co-authors have with commercial interests which may be related to their content. The ACCME defines "relevant financial relationships" as financial relationships in any amount occurring within the past 12 months that create a conflict of interest.

- **\*Co-director: Kimberly J. Butterwick, MD** – has served as a consultant and received speaking honoraria from Allergan, Merz, Valeant; has received a research grant from Allergan, and; serves as a member of the speakers bureau for Valeant.
- **\*Co-director: Ronald L. Moy, MD** – has served as a consultant for Lumenis and serves as a member of the speakers bureau for LEO and Merz.
- **Lisa Chipps, MD, MS** – has no relationships with commercial interest to disclose.
- **Edgar F. Fincher, MD, PhD** – has no relationships with commercial interest to disclose.
- **Daniel P. Friedmann, MD** – serves has a consultant for SkinMedica.
- **Vic A. Narurkar, MD** – serves as a consultant for Myoscience and Philips, received speaking honoraria from Zeltiq and received research grants from Allergan, Solta and Merz.
- **Gordon H. Sasaki, MD, FACS** – serves as a consultant for Cynosure, MicroAire, Ulthera, Zeltiq, Palomar, and Harvest, received speaking honoraria from Dermapen, Cynosure, Zeltiq, Ulthera and Harvest, received research grant from Cynosure, Ulthera, Zeltiq, Dermapen, MicroAire, Palomar and Harvest and received free or discounted equipment from Palomar, Ulthera, Zeltiq, Harvest, Canfield, Cynosure, Dermapen and MicroAire.
- **Vanessa Spinnato, ASDS Education Programs Manager** (*not a faculty presenter*) – has a no relationships with commercial interest to disclose
- **\*Derek H. Jones, MD, Education Work Group Chair** (*not a faculty presenter*) – serves as a consultant for Kythera, Merz and Allergan

*\*Educational Content Planners*

## Course Schedule:

### DAY 1: SATURDAY – September 7, 2013



Patient Care

Practice-based Learning and Improvement



Medical Knowledge



Interpersonal & Communication Skills



Professionalism

7:00 – 8:00 am

**Registration and Networking Continental Breakfast**

8:00 – 8:10 am

**Introductions and Course Overview**

*Kimberly J. Butterwick, MD and Ronald L. Moy, MD, co-Directors*

8:10 – 8:15 am

**New ASDS Member Benefit Program**

*Mr. Thom Schildmeyer*

## NECK and BODY CONTOURING and REJUVENATION COURSE

8:15 – 8:30 am	<b>Lasering of Non-Facial Skin: Challenges and Options</b> <i>Lisa Chipps, MD, MS</i>
8:30 – 8:40 am	<b>Discussion</b> <i>Lisa Chipps, MD, MS</i>
8:40 – 9:00 am	<b>Non-Invasive Body Contouring</b> <i>Kimberly J. Butterwick, MD</i>
9:00 – 9:10 am	<b>Discussion</b> <i>Kimberly J. Butterwick, MD</i>
9:10 - 9:25 am	<b>Cellulite: What's Available and What Works</b> <i>Gordon H. Sasaki, MD, FACS</i>
9:25 – 9:35 am	<b>Discussion</b> <i>Gordon H. Sasaki, MD, FACS</i>
9:35 – 10:00 am	BREAK
10:00 – 11:00 am	<b>Skin Tightening of the Body: Radiofrequency</b> 10:00 am - <i>Vic A. Narurkar, MD</i> 10:10 am - <i>Eddie F. Fincher, MD, PhD</i> 10:30am – <i>Daniel P. Friedmann, MD</i>
11:00 – 11:15 am	<b>Panel Discussion</b> <i>Moderator: Ronald L. Moy, MD</i>
11:15 – 11:35 am	<b>Overview of Surgical Options for the Neck</b> 11:15 am - <i>Ronald L. Moy, MD</i> 11:25 am - <i>Eddie F. Fincher, MD, PhD</i>
11:35 – 11:45 am	<b>Microfocused Ultrasound</b> <i>Kimberly J. Butterwick, MD</i>
11:45 – 12:00 Noon	<b>Panel Discussion with Questions and Answers - All Faculty</b>
12:00 – 12:05pm	<b>Instructions / Participation Rotation</b> <i>Kimberly J. Butterwick, MD and Ronald L. Moy, MD, Co-Directors</i>
12:05 noon – 1:00 pm	<b>Networking Lunch</b>

# NECK and BODY CONTOURING and REJUVENATION COURSE

1:00pm – 1:15pm

**Transfer to the Rodeo Office (within walking distance)**  
421 N Rodeo Drive, Beverly Hills, CA 90210

1:15 – 5:45 pm

**Live Surgical Procedure Demonstrations and Non-Surgical Procedures**

**Neck Lipo and Neck Lift** (in one room to follow each other)  
*Lisa Chipps, MD, MS and Ronald L. Moy, MD*

**Focused Ultrasound: Buttock, Knee or Arms**  
*Kimberly J. Butterwick, MD and Daniel P. Friedmann, MD*

**Fractional Resurfacing of the Arms or Other Area**  
*Eddie F. Fincher, MD, PhD and Lisa Chipps, MD, MS*

**Cryolipolysis**  
*Kimberly J. Butterwick, MD and Vic A. Narurkar, MD*

**Cellulite Demonstration**  
*Gordon H. Sasaki, MD, FACS*

**Radiofrequency**  
*Daniel P. Friedmann, MD*

**Liposonix Demonstration**  
*Vic A. Narurkar, MD*

5:45pm Return to the Beverly Wilshire Hotel ~ *Dinner is on your own.*

5:45 pm

**Day 1: Adjourns**

## **DAY 2: SUNDAY – September 8, 2013**



Patient Care



Interpersonal & Communication Skills



Medical Knowledge



Professionalism

7:30 – 8:00 am

**Networking Continental Breakfast**

***Sunday Morning at the Movies***

8:00 – 8:20 am

**Fat Transfer and Fillers for Non-Facial Areas**  
*Kimberly J. Butterwick, MD*

## NECK and BODY CONTOURING and REJUVENATION COURSE

8:20 – 9:00 am	<b>Cryolipolysis, radiofrequency and ultrasound - when, where and why</b> <i>Vic A. Narurkar, MD</i>
9:00 - 9:20 am	<b>Questions and Answers</b> <i>Vic A. Narurkar, MD</i>
9:20 – 9:35 am	<b>Resurfacing of Skin</b> <i>Lisa Chipps, MD, MS</i>
9:35 – 10:10 am	<b>Panel Discussion with Questions and Answers ~ All Faculty</b>
10:10 - 10:25 am	BREAK
10:25 – 11:00 am	<b>Panel Discussion on Safety and Complications ~ All Faculty</b>
11:00 – 12:00pm	<b>Faculty Discussion with Interactive Case Presentations ~ All Faculty</b>
12:00 Noon	<b>Course Adjourns</b>

**Note:**

- *Schedule and faculty are subject to change*
- *No video or audio recording is allowed without the permission of ASDS*
- *Presentation materials are for registered attendees viewing only, and may not be copied, distributed, or downloaded in any way*
- *By attendance and participation in this course, you agree to allow ASDS to use photos taken at this course for future promotions of ASDS programs*

**Accreditation Statement and Credit Designation:**

The American Society for Dermatologic Surgery is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The American Society for Dermatologic Surgery designates this live activity for a maximum of **11.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

**ASDS Fair and Balanced Education Statement:**

As a sponsor accredited by the Accreditation Council for Continuing Medical Education (ACCME), the ASDS must adhere to the ACCME Guidelines throughout its overall CME program. ASDS must ensure balance, independence, objectivity, and scientific rigor in all its educational activities. ASDS is committed to providing dermatologic surgeon learners with fair and balanced continuing medical education, and requires that all faculty members complete the Disclosure of Interest and Faculty Attestation forms. Our accreditation is important to us. We look forward to working together to provide CME of the highest standard.

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